



### Juvenile All Weather Policy & Personal Equipment

It is the policy of Clane Athletic Club that all participants in the Little Athletics programme and U9s to U18s age groups be properly and suitably attired when attending training sessions.

All children are required to be suitably dressed if training outside in wet or inclement weather.

The Club reserves the right to restrict children from participating in outdoor training if not suitably attired.

It is Club policy that all participants bring:

- Water Bottle (containing Water Only-No sugar drinks allowed) to training.
- A small towel for personal health & hygiene.
- Suitable footwear for indoor and outdoor training

We also recommend that children use the bathroom prior to turning up to training.

